

OCTOBER PRESCHOOL NEWSLETTER

UPCOMING EVENTS & THEMES

- Sept. 24th - Oct. 5th Apples
 - Oct. 1st Picture Day
 - Oct. 8th — 12th Fire Safety
 - Oct. 15th — Nov. 1st Halloween/Pumpkins
 - Oct. 16th — Oct. 20th Red Ribbon Week
 - Oct. 28th St. John's Sausage Dinner
 - Oct. 29th Closed for dinner cleanup
 - Oct. 31st Halloween Party @ 9:30
 - Nov. 1st 11:30 Dismissal for Parent/Teacher Conferences @ 12:30-6 pm
 - Nov. 2nd No school
-
- **CLASSROOM INFO**
 - Fall is here and the weather is changing. Please make sure your child has appropriate change of clothes in their cubbies. Also, please make sure your child's name is on their jacket
 - Red Ribbon Week will take place during Oct. 22nd — Oct. 26th. Please join us in dressing up and celebrating to make it a great week. A schedule of silly dress days will be included in weekly newsletter & lesson plan.

- Our class Halloween Party will take place on Wednesday, October 31st at 9:30. Please bring a costume to school for your child. Make sure all pieces are marked with your child's name. If your child's costume contains guns, swords, etc. please leave them at home. All children are welcome to attend the party. A sign up sheet of supplies needed will be posted closer to Halloween. Also, we will need some parents to volunteer to be in charge of games and craft. Please let me know if interested. Thank you.

Dear Parents,

The preschool teachers are requesting some help with our lunch time issues. Lunch time is a great time for our children to learn self help skills, to be independent, make choices, and explore and try new things. Our allotted lunch period is 30mins, during this time we have to pick up lunch trays, open up numerous containers & packages, eat, & then clean up our area. And of course our most important activity is socializing. This school year we have a large number of students packing a lunch box which is not always easy for preschoolers to take care of. If your child is bringing a lunch box please make sure it contains containers and packages that your child can open on their own. Also, make sure food in lunch boxes is easy for your child to prepare (ex. lunchables, fruit cups, and puddings are NOT easy to open). Our lunch trays are low sodium, low sugar, and low calorie. They also contain the daily requirements for fruit & vegetable servings and only serve whole grain products. They are a great way to introduce new foods and most children do try new things since their friends are also eating the same foods. The time it takes to clean up all the lunch boxes and packages is also taking away from our outside play time. We understand that children can be picky and will not like all the food offered and that's okay. We also understand the concern with food allergies and Miss Melissa can substitute items when needed. We would really appreciate if your children could eat trays more often and food was easier for the preschoolers to handle. If you have any questions or concerns with the lunch program please do not hesitate to ask.

Thanks for your help and consideration,

Miss Katrina, Miss Shannon, & Miss Cara

